



# JANUARY 2021

## SPRINGER SCHOOLS BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 Cook's Choice Fresh Fruit Low Fat Milk	5 Sausage on Stick Fresh Fruit Low Fat Milk	6 Bagel Fresh Fruit Low Fat Milk	7 Yogurt Parfait Fresh Fruit Low Fat Milk	8
11 Crescent Roll Fresh Fruit Low Fat Milk	12 Breakfast Pizza Fresh Fruit Low Fat Milk	13 Boiled Eggs Fresh Fruit Low Fat Milk	14 WG Muffin Fresh Fruit Low Fat Milk	15
28 French Toast Fresh Fruit Low Fat Milk	19 Sausage Biscuit Fresh Fruit Low Fat Milk	20 Ham Bar Fresh Fruit Low Fat Milk	21 Cereal Fresh Fruit Low Fat Milk	22
25 Pancakes Fresh Fruit Low Fat Milk	26 Egg Sandwich Fresh Fruit Low Fat Milk	27 WG Muffin Fresh Fruit Low Fat Milk	28 Donut Fresh Fruit Low Fat Milk	29 Yogurt Parfait Fresh Fruit Low Fat Milk

**Menu Key:** FP = Fresh Pick • WG = Whole Grain

For question or comments, please email the FSD at [larr.crowson@aviands.com](mailto:larr.crowson@aviands.com) or call 575-643-5197.

This institution is an equal opportunity provider



# JANUARY 2021

## SPRINGER SCHOOLS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 Taco Soup Crackers Mixed Veggie Chilled Fruit Low Fat Milk	5 Spaghetti Garlic Bread Sweet Peas Chilled Fruit Low Fat Milk	6 Chicken Wrap Baked Chips Lettuce/Tomato Chilled Fruit Low Fat Milk	7 Corn Dogs Tater Tots Cucumber Slices Chilled Fruit Low Fat Milk	8
11 Cheeseburger French Fries Lettuce/Tomato Chilled Fruit Low Fat Milk	12 Tomato Mac Breadstick Celery Sticks Chilled Fruit Low Fat Milk	13 Green Enchilada Pinto Beans Spanish Rice Chilled Fruit Low Fat Milk	14 Ham Sandwich Baked Chips Baby Carrots Chilled Fruit Low Fat Milk	15
28 Chk Sandwich Sweet Potato FF Lettuce/Tomato Chilled Fruit Low Fat Milk	19 Chile Beans Cornbread Mexi Corn Chilled Fruit Low Fat Milk	20 Meatloaf Mashed Potato Green Beans Chilled Fruit Low Fat Milk	21 Pig in a Blanket Baked Beans Macaroni Salad Chilled Fruit Low Fat Milk	22
25 Turkey Hoagie Baked Chips Bell Pepper Ring Chilled Fruit Low Fat Milk	26 Chicken Nuggets Mashed Potato Brussel Sprouts Chilled Fruit Low Fat Milk	27 Bean Burrito Spanish Rice Mexi Corn Chilled Fruit Low Fat Milk	28 Sloppy Joe Pork N Beans Potato Salad Chilled Fruit Low Fat Milk	29 PB&J Baked Chips Baby Carrots Chilled Fruit Low Fat Milk
<u>SPECIALS</u> Chef Salad	<u>SPECIALS</u> Southwest Salad	<u>SPECIALS</u> Cobb Salad	<u>SPECIALS</u> Oriental Salad	<u>SPECIALS</u> Caesar Salad

**Menu Key:** *FP* = Fresh Pick • *WG* = Whole Grain